

DIGITAL & BUSINESS SKILLS

Digital Skills for Workplace - Google Suite
Thursday 9AM-11.30AM 5/10 (11wks)

Digital Skills for Workplace - Microsoft 365
Thursday 12.30PM-3PM 5/10 (11wks)

Digital Essentials
Monday 12.30PM-3.30PM 5/10 (10wks)

Digital solutions for the Gig economy workers - Contact
Centre for details

Build your own Website
Design a basic website for bloggers, artists or small
businesses based on your own interests and needs. Dates
TBC

Be Connected
We offer FREE small group support for over 50's to increase
skills, confidence and online safety on phone, iPad/tablets
& PC's. Monday 1PM - 3PM

CHILDREN & TEEN PROGRAMS

Facilitated Playgroup
Wednesday 12.30PM-2PM, Thursday 12.30PM - 2PM
(0-2yrs), Friday 9.30AM-12PM \$5.50 per family/per
session

Shoestrings Occasional Care
Monday, Tuesday, Wednesday & Thursday 9AM-12PM
\$40 per session

Shoestrings Plus (3-5 years)
Monday 1PM-4PM \$40 per session*

*Occasional Care Program is invoiced on a per term



INCLUSIVE COMMUNITIES PROGRAM

Our trusted program has been a valued part of the
community for over 30 years. We provide highly
experienced staff who use innovative wellness and
capacity building approaches designed to increase
health, independence and skill development.
(HACC/PYP and My Aged Care accessible)

ICP programs currently being offered

- Gardening
- Shed programs
- Computer skills
- Dance
- Fit at Home
- Art
- Music Group
- Community Craft Project
- Games Group
- ICP Social Lunch



2-12 Derby Street Kew Vic 3101
P: 9853 3126 E: admin@kewnlc.org.au
W: www.kewnlc.org.au



Our Sparechair Cafe is open
Monday - Friday 8AM- 3PM
Saturday 9AM-1PM

KNLC acknowledges the Wurundjeri Woi-wurrung
people as the Traditional Owners and original
custodians of this land. We pay our respects to their
Elders past and present



TERM 4 2023
COURSE GUIDE



Kew Neighbourhood Learning Centre



Scan
to visit us online
kewnlc.org.au



Kew Neighbourhood Learning Centre is a place in the community where people come to **share, connect, learn** and **realise** their potential. We offer diverse programs in adult education, children's services and social activities. We also offer a wide range of responsive programs to those in our community who are experiencing social isolation and distress

CREATIVE PURSUITS

Writing for Pleasure & Publication

Tuesday 1.30PM-3.30PM 3/10 \$175 (10wks)

Ukulele

Beginners: Monday 6PM-7PM

Intermediate: Monday 7PM-8PM

2/10 \$175 (10wks)

COMMUNITY GROUPS & VOLUNTEERING

THE SHED PROGRAMS

Men's Shed* (fees apply)

Wednesday 10AM-3PM, Friday 10AM-3PM

Women's Shed* (fees apply)

Tuesday 10AM - 3PM

All Abilities Shed*

Monday 10AM - 12PM or 12.15PM-2.15PM

OTHER GROUPS AT KNLC

- KNLC Choir - Non Mandarin speakers learning to sing Chinese folk songs
- Book Club
- Kids Coding

VOLUNTEERING

KNLC relies on the generosity of our community of volunteers to successfully deliver our programs. If you would like to offer your time, skills and knowledge or would like further information on volunteer opportunities please contact our centre

CAREER STARTERS

Not sure what you want to do with your career? Our taster courses are designed to give you an insight into the chosen industry, what skills you may need and what pathways that are required to get you started in a new career

- Barista training
- Introduction to Kitchen Hand and basic food prep
- Introduction to Hospitality
- Introduction to Customer Service
- Introduction to Beauty & Wellness
- Introduction to Social Media Marketing for small business
- Small Business skills
- Introduction to Creative Industries (digital/media)
- Introduction to textile & Fashion
- Introduction to Horticulture
- Introduction to Trades & Home maintenance
- Introduction to Building and Construction (white card)
- Transition to Employment
- Work ready and interview Skills
- Skills development for online learning
- Introduction to Sport and Recreation
- Introduction to Community Services
- Introduction to Events Management



HEALTH & WELLBEING

Yoga

Improved physical health, increased flexibility, higher energy levels and enhanced mental stability and focus

Tuesday 8.15AM - 9.15AM OR Saturday 8AM-9AM
03/10 Tuesday (10wks) \$185 Saturday (11wks) \$205

Fit for You

Monday 8.30AM-9.30AM 2/10 (10wks) \$185 OR
Wednesday 8.30AM - 9.30AM 4/10 \$205 (11wks)

Mat Pilates

Thursday 8.30AM-9.30AM 5/10 \$205 (11wks)

Tai Chi

Intermediate: Thursday 1.30PM - 2.30PM OR
Beginner 2.45PM-3.45PM 5/10 \$205 (11wks)

LANGUAGE & LITERACY

Kew NLC runs the following English as an Additional Language (EAL) courses. Please contact the centre for further details about scheduling and fees

- **EAL** - Beginner/Intermediate/Advanced - practice your speaking, listening, reading and writing skills in a small group environment
- **Effective writing for EAL** - Improve your written skills in preparation for IELTS tests, further study and employment
- **Digital Literacy for EAL** - Update your digital skills whilst improving your English skills
- **Coffee & Conversation** - Small group conversation class. Wednesday 12PM-2PM \$45 residents or \$90 non resident per term. Includes tea/coffee