

Inclusive Community Programs



Accessible programs that support people living with disability, chronic illness, social isolation, or short-term health needs to build skills, confidence, independence and community connections.



Social Computers

(Tues 1-3pm):

Drop in and use our computers.



Inclusive Beats

(Wed 1-2pm):

Sing, play and drum. Adapted to individual needs.



All abilities Groove & Move: (Thurs 10:30am-11:30):

Get your groove on in our dance class. Learn routines and shake those hips!



Community Lunches

(12:30-2pm last Thurs of Month):

Tasty, cheap lunches for the community. Meet others, chit, chat, eat.



Inclusive Shed

(Mon classes from 9-3pm):

Learn carpentry basics, start projects, meet new people.



Gardening Group

(Fri 1-3pm):

Seed, pot, weed and grow under the guidance of a tutor.



Active for all

(Mon 9-10am, Thurs 9:30-10:30, 11:30-12:30):

Low-impact strength and conditioning. Subtle strength building that works!



All abilities art class: (Fri 11-1pm).

Ready to unleash your inner Picasso? Join art today. Bring your own project or be guided by tutors.



Cooking class

(Fri 9-11am).

Cook and eat your faves!



*ICP classes are low cost for those eligible for MAC & HACC funding. Possible NDIS funding available.

Older Adults Programs

Individuals over 65 are eligible to access our older adults classes. Learn a new skill, improve your fitness or meet other likeminded people.



Be Connected:



Learn phone/tablet skills including AI, app-usage & online safety.

(Mon 3-4pm)

Our Shed programs:



Mens Shed

(Wed 10-3pm)

(Fri 10am-3pm)

An inclusive workspace to learn carpentry basics, start projects, meet new people.

Gardening Group



(Fri 1-3pm):

Seed, pot, weed and grow guided by a tutor.

Active for all



(Mon 9-10am, Thurs 9:30-10:30 & 11:30-12:30):

Low-impact strength and conditioning for all.

Subtle strength building is not to be sniffed at!

Seniors art

(Fri 1-3pm).



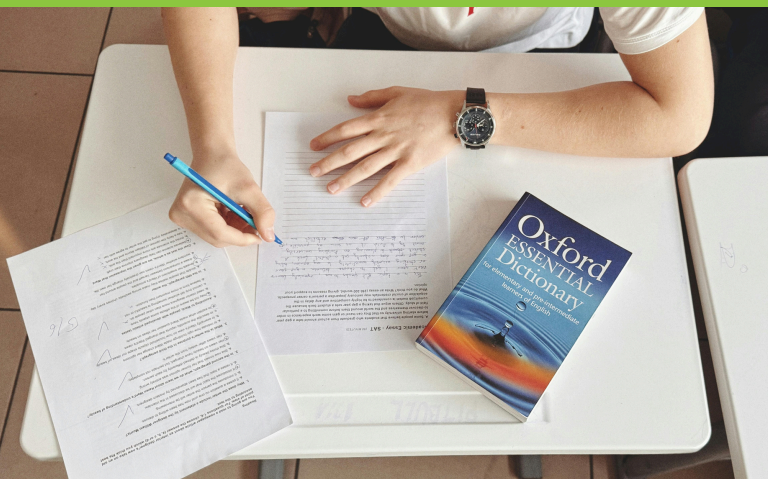
Ready to unleash your inner Picasso, or just want to unwind? Join art today. Bring your own project or be guided by tutors.

*These classes are at a lower cost for over 65's on a My Aged Care package. Other classes are suitable for older adults.

ACFE

Adult and Community Further Education

ACFE courses aim to provide adult learners with new core skills suitable for study, work, and life. They cover a range of subjects, including English language and employability skills.



Our Shed programs:

Womens Shed

(Tues 9-12pm, 12:30-3:30

(Sat 10-1pm, 1:30-4:30pm)

An inclusive workspace to learn carpentry basics, start projects, meet new people.

Digital Essentials:

(Mon 10-12pm)

A social setting where you'll learn phone/tablet skills from AI & app-usage to online safety.

Podcasting:

In this intro to podcasting, you will learn everything from scripting, storytelling, recording, hosting to editing. EOI

English as Additional Language (EAL)

Intermediate & Beginner

(Mon 9.30-12pm)

(Wed 9.30-12pm)

English as Additional Language (EAL)

Advanced

(Mon 12:45-3:15)

(Wed 12:45-3:15)

Practice your English speaking, listening, reading & writing in a friendly environment.

Career Starters:

- Intro to textiles
- Intro to kitchen Hand and Barista training
- Intro to Customer Service
- Intro to Creative industries: Floristry EOI
- Intro to Textiles
- Intro to horticulture
- Intro to Trades and Home Maintenance
- Transition to employment
- Work Ready and interview skills
- Sport and Recreation
- Retail and events

Fee for Service classes

We have a wide range of classes that focus on fitness, creativity and social connection. Join for a fee and improve at a skill or learn something completely new!



Tai Chi

(Thurs 2-3pm)



Relieve stress, strengthen muscles, improve balance.

Mosaic

(Thurs 3-4pm)

Learn mosaic design, tile cutting and grouting- create a mosaic masterpiece! EOI

Mat Pilates

(Thurs 8:30-9:30am):



Pilates is 'all the rage' for a reason... join the masses!

Guitar Lessons



Get strumming! EOI

Yoga (Tues 8:15-9:15):

Improve balance, relaxation and strength.



Youth Barista Course

Learn the art of milk frothing, coffee pouring how to do latte art.



Our Shed programs

Kids carpentry (Wed 4-6pm)

Learn carpentry basics, start a project and meet new people.

Fit for you

Mon and Wed 8:30am-9:30am)

An all-body workout focusing on major muscle groups through resistance training to build strength and facilitate functional movement.

Home Maintenance Basics

(Tues 5:30-7:30pm)

A practical, hands-on class designed to help you feel confident with everyday home repairs.

*If you have something that sparks your interest, please get in touch!

Other services

We have a wide range of services available at Kew Neighbourhood Learning Centre that all focus on accessibility and community. These include childcare, social enterprises and room hire.



SpareChair Cafe



Join us for tasty food & drink, crafted by cafe team.

Catering: Do you love Spare Chairs food? Let them your next event!

Carers Program

(Times vary)

Are you an unpaid carer? We want to provide you with respite and connect you with other carers.

Threads of Kindness



(Tues 1-3pm)

Our sewing group create lovely items available for purchase at our KewCart.

Room Hire

We also have Hamers Hall available for room hire!

Chatty Cafe



Get chatting over a cuppa!
(Contact Centre)

Book Club



(Last Thurs of month 1:30-3pm)

Chat about the best (or worst) part of your last read.

Shoestring Childcare program



(Morning Care 9am - 12pm
Mon, Tues, Wed or Thurs)

Join our 3hr morning drop off session. Suitable for children from walking age- age 5. Includes outdoor play, gardening & painting.

Playgroup

(Fri 9.30- 12pm)

'Stay and play!' Join your child in play.

Kew Cart

(9-4 Mon-Fri)

Purchase gifts made by our students & volunteers from our cart!

VOLUNTEER WITH US



Volunteer with us and be part of a supportive, purpose-driven community where your contribution helps make a real difference every day.



Inclusive Beats

Support participants to explore music, build skills, and social connection in a relaxed, creative setting.

InTech Mates

Tech Mates pairs volunteers with 1:1-1:4 support sessions to help participants build digital skills, confidence, and connection at their own pace.

Community Lunch

The Community Lunches Volunteer Facilitator organises and supports lunches that encourage social connection and engagement for people experiencing isolation or distress.

Community Crew

Seeking a Lead Volunteer for the Volunteer Ops Group to oversee teams, manage tasks, and support indoor and outdoor projects that enhance the Centre's facilities in a collaborative environment 

English Language Mentor

Meet weekly (during school terms) at KewNLC Café centre for approximately 1 hour. Assist English language students with speaking, listening and sometimes reading and writing

We're always looking for volunteers - visit our website to leave your details, and we'll be in touch when a suitable opportunity matching your skills becomes available.