

## CAREER STARTERS

Not sure what you want to do with your career? Our taster courses are designed to give you an insight into the chosen industry, what skills you may need and what pathways that are required to get you started in a new career

- Barista training
- Introduction to Kitchen Hand and Barista
- Introduction to Hospitality
- Introduction to Customer Service
- Introduction to Community Services
- Introduction to Creative Industries
- Introduction to Textiles
- Introduction to Floristry
- Introduction to Horticulture
- Introduction to Trades & Home maintenance
- Transition to Employment
- Work ready and interview Skills

## COMMUNITY CONNECTIONS

Book Club  
Chatty Cafe  
Threads of Kindness  
Walking Group  
Community Lunches



# Volunteer with us.

KNLC relies on the generosity of our community of volunteers to successfully deliver our programs. If you would like to offer your time, skills and knowledge or would like further information on volunteer opportunities please contact our centre

## About us.

Kew Neighbourhood Learning Centre is a place in the community where people come to share, connect, learn and realise their potential. We offer diverse programs in adult education, children's services and social activities. We also offer a wide range of responsive programs to those in our community who are experiencing social isolation and distress

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COURSE GUIDE

REALISE YOUR  
POTENTIAL



Kew  
Neighbourhood  
Learning Centre



## DIGITAL & BUSINESS SKILLS

### Digital Essentials

Monday 10AM-12PM

### Office Skills

### Point of Sale for Retail and Hospitality

### Be Connected

We offer small group support for over 50's to increase skills, confidence and online safety on phone, iPad/tablets & PC's. Monday 1PM - 3PM

### Smart Phone 101

Join our small groups sessions to learn the Basics of using your smartphone with confidence. Monday 3PM - 4PM

## CHILDREN'S PROGRAMS

### Facilitated Playgroup

Friday 9.30AM-12PM

\$7.50 per family (max 2 children)/per session

### Shoestrings Occasional Care

Monday & Tuesday and Wednesday 9AM-12PM

\$44 per session

## THE SHED PROGRAM

### Men's Shed

Wednesday 10AM-3PM or Friday 10AM-3PM

### Women's Shed

Tuesday 9AM - 12:30PM or 12:30PM - 3:30PM

Saturday 10AM - 1PM or 1:30PM - 4:30PM

### All Abilities Shed

Monday 9AM - 11AM or 11AM - 1PM

or 1:30PM - 3:30PM



## INCLUSIVE COMMUNITIES PROGRAM

Our trusted program has been a valued part of the community for over 30 years. We provide highly experienced staff who use innovative wellness and capacity building approaches designed to increase health, independence and skill development. (HACC/PYP, NDIS and My Aged Care accessible)

### ICP programs currently being offered

- Gardening
- Shed programs
- Computer skills
- Dance
- Fit at Home
- Art
- Cooking
- Music Group
- Community Craft Project
- ICP Social Lunch

## CREATIVE PURSUITS

### Guitar

Kids: Wednesday 5PM - 6PM

Adults: Wednesday 6PM - 7PM

### Kid's Carpentry

Wednesday 4:00PM - 6:00PM

### Youth Barista Course

School Holiday Sessions across 2 consecutive days - 1 x morning session & 1 x afternoon session

## HEALTH & WELLBEING

### Yoga

Tuesday 8.15AM-9.15AM

### Fit for You

Monday 8.30AM-9.30AM

Wednesday 8.30AM - 9.30AM

### Mat Pilates

Thursday 8.30AM-9.30AM

### Tai Chi

Thursday 1:30PM - 2:30PM



## LANGUAGE & LITERACY

Kew NLC runs the following English as an Additional Language (EAL) courses. Please contact the Centre for further details about scheduling and fees

**EAL - Beginner/Intermediate/Advanced** - practice your speaking, listening, reading and writing skills in a small group environment

## COMING SOON

- Basic Home Maintenance
- Mosaic Course
- Podcasting - Record your Own Family History
- Men's Group
- AI - an introduction

**Make the change! Try something new!**